

Saisonkalender Gemüse

	Januar	Februar	März	April	Mai	Juni	Juli	August	September	Oktober	November	Dezember
Aubergine							●	●	●	●		
Blumenkohl						●	●	●	●	●		
Bohnen, grüne						●	●	●	●	●		
Bohnen, dicke					●	●	●	●				
Brokkoli						●	●	●	●	●		
Champignons	●	●	●	●	●	●	●	●	●	●	●	●
Chinakohl	○	○	○					●	●	●	●	○
Erbsen						●	●	●				
Fenchel								●	●	●		
Frühlingszwiebeln					●	●	●	●	●	●		
Grünkohl	●	●									●	●
Gurken						●	●	●	●	●		
Kartoffeln	○	○	○	○	○	●	●	●	●	●	○	○
Knoblauch						●	●	●	●			
Knollensellerie									●	●	●	
Kohlrabi						●	●	●	●	●		
Kürbis	○	○							●	●	●	○
Lauch / Porree	●	●	●	●	●	●	●	●	●	●	●	●
Mais									●	●		
Mangold					●	●	●	●	●			
Meerrettich									●	●	●	
Möhren	○	○	○	○	○	●	●	●	●	●	○	○
Paprika							●	●	●	●		
Pastinaken	●	●	●	○				●	●	●	●	●
Postelein / Portulak	●	●	●	●			●	●	●	●	●	●

○ Lagerware ● regional verfügbar

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Radieschen					●	●	●	●	●	●		
Rettich							●	●	●	●		
Rosenkohl	●	●	●	○						●	●	●
Rote Bete	○	○	○	○			●	●	●	●	●	○
Rotkohl	○	○	○	○	○	●	●	●	●	●	●	○
Salatgurken						●	●	●	●			
Schalotten			●	●								
Schwarzwurzel	●	●								●	●	●
Spargel				●	●							
Spinat			●	●	●				●	●	●	
Spitzkohl						●	●	●	●	●	●	
Stangenbohnen						●	●	●	●	●		
Staudensellerie							●	●	●	●		
Steckrüben	○	○	●						●	●	●	●
Tomaten							●	●	●	●		
Topinambur	○	○							●	●	●	○
Weißkohl	○	○	○	○	○	●	●	●	●	●	●	●
Wirsing	●	●	○	○			●	●	●	●	●	●
Zucchini							●	●	●	●		
Zuckerschoten						●	●	●				
Zwiebeln	○					○	○	●	●	●	○	○